



FP WALSHE WEEKLY FLYER

September 14th, 2025

General Information

No school for students grades 6-9 Friday the 19th, as it is a 6-9 teacher Collaboration PD Day. Please note regular classes for grades 10-12 continue as normal, they require more hours of instruction, so we require them to attend on this day.

We will continue to be a Terry Fox School. We are currently planning the day and will be setting up our fundraising soon.

School Council Meeting

Tuesday, Sept. 24 | 6:00 p.m.

We welcome all parents and caregivers to join! Meetings are held once a month and are a great way to stay connected and learn more about what's happening at the school.

Middle School WOW Time has begun! Ask your student what house they are part of.

The Hangar Dining Experience



Lunch Specials this week

New Lunch Card System

Our new system is off to a great start! As students line up, they are given their lunch card. When they receive their meal, the card is marked and placed in a collection box. The cards are then handed back out the next time students come through the line.

We are happy to accept cash, debit, or meal cards

Monday September 15	Tuesday September 16	Wednesday September 17	Thursday September 18	Friday September 19
Turkey Club Wrap with Coleslaw	Chicken Bacon Carbonara with Garlic Toast	Spicy Breaded Chicken Burger with Home cut fries	BBQ Pulled Pork Sandwich with Mexican Tortilla Soup	Smokies

Athletics

The Cross Country Running team is off to a great start with many speedy athletes participating! If you would still like to join the team, please talk to Mrs. Crowder and join us on Tuesdays and Thursdays after school. Runners, please have your forms signed and returned to Mrs. Crowder ASAP so you can run off school grounds at our next practice.



Congrats to our V-Ball teams at their tourneys!

Jr A / B - A Boys 2nd, B Boys third , SV teams played hard at Leth Polytechnic

Our SV girls battled hard this weekend as we entered into the Lethbridge College annual tourney. This event has teams from all over Southern Alberta, including both 3A and 4A schools. The girls are working hard at developing as we continue to be pushing to get over the crest of the hill. Overall, we battled hard, showing some great resilience against some very tough teams. We also struggled at times as we continue to try and build our identity of being connected and relentless. We finished 4th in pool play after 6 sets, winning our single set against a very tough Eagle Butte Team. (We were the only ones to take a set from them in the round robin). Saturday (playoff day) had us playing some hard fought matches, losing to Senator Gershaw in 3 sets 19-25, 25-20, 7-15 and then dropping the match to Winston Churchill (4A School) 28-30, 17-25. We will continue to work on developing our identity, improving our defense, and pushing for aggressive attacking over the coming week.

Players of the Game: (We started this Saturday)

- vs Senator Gershaw. Zoe Grant
- vs Winston Churchill: Avery Rippen

Volleyball Schedule for the Week

Monday September 15	Tuesday September 16	Wednesday September 17	Thursday September 18	Friday September 19
A Girls McT 3:30-5 B Boys 3:30-5 A Girls Z 4:30-6 WAD A Boys 4:30-6 WAD Mon Sept. 15 - Sr Girls home vs CNP JF 6 SV 7pm **Sr boys after the girls home game or 9-10? I can check and see if WAD is open at 6pm???	A Girls McT at STM - 4:30 - bus leave at 3:30 B Girls at STM bus - 4:30 bus leave at 3:30 B Boys at JTF 5:30 - bus leave at 4 Sr Girls 3:50-5:00 FP SV Boys only home vs NCS 6pm	Girls McT 3:30-5 B Boys 3:30-5 A Girls Z 4:30-6 WAD A Boys 4:30-6 WAD Sr Girls 5-7 Sr Boys 7-9	A Girls Z at LHS 4:30 bus leave 3:30 B Girls 3:30-5	B Boys and Girls home tournament!! at FPW and WAD - help needed Sr Boys and Girls reffing JV Girls at Taber Christian

Sat

London is at Golf zones Monday Sept. 15 - good luck to her

Thanks to all that helped with the Sport Council volleyball fundraiser

First Nation Metis Inuit

Blackfoot Word of the week

Blackfoot Word of the week



Spi tsi: both Pincher Creek and High River

Pincher Creek and High River are both named Spi tsi. In Pincher Creek the name refers to the high bush and in High River it refers to the high river. The name for Pincher Creek has been in use since the 1870s. There are different stories about its origins, but in every version a pair of pincers (later pinchers) used for re-shoeing horses or bulls was lost along the creek. Pincher Creek is a tributary of the Highwood River, and the Blackfoot people referred to it as unuk-spitzee, meaning "little highwood."²⁵ The trees growing along Highwood River and those on the banks of Pincher Creek are visible from far away.

Blackfoot Culture Series



Blackfoot Culture Series for grades 10-12 will begin in September. Please reach out to Sherri Terpstra/Amanda Wark if you are interested in taking part.

The *Blackfoot Culture Series* is more than a course—it is an opportunity to learn, connect, and reflect on the depth and strength of Blackfoot culture, language, and traditions. The *Blackfoot Culture Series* is a journey of learning and self-discovery. This course provides an opportunity to explore Blackfoot culture and identity through language, stories, teachings, and traditions. With guidance from Blackfoot knowledge keepers and community members, participants will engage in activities that connect history, cultural protocols, and land-based knowledge with contemporary life. The series encourages reflection on both personal growth and collective responsibility within the community.

Parental Involvement Opportunities

School Council Meeting

Our first School Council meeting of the year will be held on Tuesday, Sept. 24 at 6:00 p.m. We welcome new members! Meetings are held once a month and are a great way to stay informed about what's happening at the school.

Student Check in:

At this point students are settling into their courses. Please review the courses your child is taking. Specific courses are required for most post-secondary programs. Please reach out to Lettie Croskery, LRSD Career Practitioner, regarding post-secondary requirements, croskeryl@lrsd.ab.ca 403-915-0781.

Student Activities

Middle School Leadership has an activity coming up on October 8th --> Colourful Day!

Each grade has been assigned a colour and is asked to wear that colour on that day. A count will be completed during the first block that is not PE. Please email Marya with the total wearing out of the total present in the class as we are calculating percentage. Here are the colours:

- Grade 6 - Green
- Grade 7 - Blue
- Grade 8 - White
- Grade 9 - Red
- Staff - Purple

Graduating Class of 2026



Your grad advisors this year are Ms. Terpstra, Ms. Stach and Ms. Whipple

The first meeting will be soon!

LRSD Career Practitioner

Tuesday September 23, 11:45 AM - 12:25 PM, lunch booths with University of Lethbridge and Lethbridge Polytechnic.

Grade 12's have you booked your appointment with Lettie yet? Make sure you are on track to graduate with the right courses for your future plans.

Lettie Croskery, LRSD Career Practitioner has put together a [list of fall 2025 career events](#) which is posted on Career Services pages of the FPW website! Please feel free to reach out to Lettie anytime by email or text if you have questions about the work she will be doing to support our students this year. croskeryl@lrzd.ab.ca 403-915-0781.

DATE	TIME	EVENT
Monday September 15		DEADLINE to submit applications for OLDS COLLEGE Dual Credit courses in semester 1
Friday September 19	9:00 - 3:30	OPEN HOUSE - University of Saskatchewan
Friday September 26	9:00 - 10:30 AM 11:50 AM - 1:20 PM	POST-SECONDARY EDUCATION FAIR (CCHS) - see list of participating institutions below POST-SECONDARY EDUCATION FAIR (MHHS) - see list of participating institutions below
Friday October 17 AND Saturday October 18	10:00 - 3:00	OPEN HOUSE - Lakeland College OPEN HOUSE - SAIT
Saturday October 18	9:00 - 3:00	OPEN HOUSE - University of Alberta OPEN HOUSE - Mount Royal University (Calgary)
Wednesday October 22	1:30 - 6:00	OPEN HOUSE - Lethbridge Polytechnic
Wednesday October 22	8:00 - 4:00	DISCOVERY DAY IN HEALTH SCIENCE There is extremely limited enrollment in this unique program for those interested in medical careers! Please connect with Lettie as soon as possible if you are interested.
Saturday October 25	9:00 - 1:00 10:00 - 3:00 10:00 - 3:00	OPEN HOUSE - Red Deer Polytechnic OPEN HOUSE - University of Lethbridge OPEN HOUSE - University of Calgary OPEN HOUSE - NAIT
Saturday November 1	TBD	OPEN HOUSE - MacEwan University (Edmonton)
Thursday November 6-Sunday November 9, 2025	Full days	Cultiv8 2025 Agriculture Youth Leadership Summit (Edmonton) A team of 4 students from CCHS have been selected to attend this all expenses paid youth conference put on by Inside Education. These events happen each year - see Lettie if you would like to submit an application for a future summit - they are amazing!
Friday November 7	9:30 - 11:00 (tentative)	POST-SECONDARY EDUCATION FAIR (WCCHS) - see list of participating institutions below
Friday November 14	(to be determined)	Deadline to register for Semester 2 Dual Credit courses at Lethbridge Polytechnic